

Whats up WOODLANDS

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Innovative kidney stone removal procedure

Woodlands Hospital has taken a less trodden path for the endoscopic removal of a kidney stone that proved extremely beneficial for an obese patient, marking a significant advancement in urological surgery.

Dr Md Jawaid Rahman, Consultant, Urology Woodlands, performed a supine percutaneous nephrolithotomy (PCNL) to grind and remove a 2cm stone from the kidney of the 51 year-old patient, Mr Dipendra Hati from Salt Lake. Normally, patients lie in the prone position (on the tummy) for this surgery, but here, the patient lay in the supine position.

“Before bringing the patient on his or her tummy, the patient needs to be on his back in lithotomy position to place a ureteric catheter to instill dye that guides in making the tract. The patient then has to be turned face down for the procedure to begin. So, changing the position of

patients under anaesthesia is required in a traditional prone PCNL, which is time consuming and cumbersome,” said Dr Rahman. The procedure in supine position is, however, difficult to master for the surgeon. The advantages are compelling though.

- It gives access for endoscopic combined intra-renal imagery which offers better stone clearance.
- Bilateral simultaneous endoscopic surgery, when the stone is also present in the contralateral ureter can be done.
- For severely obese patients with cardiovascular respiratory compromise, supine PCNL is much safer than prone PNCL.

“A surgeon at a renowned hospital off EM Bypass had told me I had gone to him too late and now it was my luck. But Dr Jawaid was very reassuring. I started walking almost immediately after the procedure and most importantly I felt no pain,” the patient said.



Message from Ms Preeti Goenka

Honouring tradition,
embracing the future: A
new chapter commences

Woodlands has been the hospital of choice for our city. Spanning 78 years, over generations, Woodlands has had a special place in people’s hearts being the first private hospital of the city. As we embark on this new chapter, I am reminded of the rich history that has shaped the institution. We have indeed been a beacon of hope and

healing, dedicated to providing exceptional care to the community.

“Whats up, Woodlands” paves a way for the hospital to connect with you, share our latest developments, and celebrate the cornerstones that make our hospital unique. I am incredibly proud of the talented team that continues to uphold the values of compassion, innovation, and excellence at Woodlands.

Thank you for being a part of our journey. Here’s to many more years of service and success.

Breakthrough endovascular procedure provides lasting relief for gastric bleeding

Timely intervention at Woodlands using the innovative Balloon-Occluded Retrograde Transvenous Obliteration

liver, experienced a re-bleeding episode just 12 hours later. The medical team led by Dr Mousam Dey, consultant, interventional radiology, Woodlands, then opted for an advanced endovascular technique known as BRTO. It is a minimally invasive procedure that does not require major anaesthesia. The swollen blood vessels were accessed using a catheter, a sclerosant substance used to stop the bleeding and a balloon was introduced and inflated to



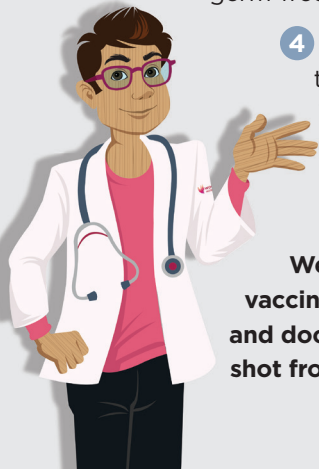
(BRTO) technique has brought instant relief to a patient suffering from recurrent heavy bleeding in the stomach. The 45-year-old man came to the emergency department with severe hematemesis. Initial endoscopy revealed a large gastric varix, a swollen vein in the stomach, which was addressed using a glue injection. Despite this intervention, the patient, diagnosed with cirrhosis of the

prevent the flow of the substance out of the intended site. Remarkably, post-treatment, the patient has not experienced any further episodes of variceal bleeding. This case underscores the effectiveness of BRTO in the treatment of severe gastric conditions related to liver cirrhosis.

WOODY SAYS

“Hey there! If you’re above 50, have some health concerns, or just want to stay safe, here are some quick tips to help you ward off swine flu and other forms of influenza:

- 1 Take the annual Flu vaccine in October*, especially if you have comorbidities.
- 2 Steer clear of super crowded areas or at least use masks.
- 3 Keep your hands clean and germ-free.
- 4 Maintain a balanced diet to improve your immunity.



***Why October, eh?**

Well, the new batch of this vaccine arrives in September, and doctors advise you take a shot from the fresh lot.”

HR ENGAGEMENT

Look back with pride



Parvati Barick set off from Puri as a 23 year-old in 1993. She was full of life, and full of an indomitable spirit to serve the ailing. She landed up at the Matron Office at “Woodlands Nursing Home” for an interview and got selected. The SCB Medical College, Cuttack alumna has stayed on at Woodlands for the next three decades.

“I call this (Woodlands) my first home. I always enter the hospital with a lot of pride,” the Behala resident said with a twinkle in her eyes.

The twinkle was back in her eyes as she recounted some great personalities that she has cared for. “You will lose count, all the who’s-who... Mother Teresa, Buddhadeb Bhattacharjee, Sourav Ganguly, Prosenjit Chatterjee.”

MD SPEAKS



Mr Rupak Barua
Managing Director & CEO
Woodlands Multispeciality
Hospital Ltd

I present before you the inaugural issue of the Woodlands Hospital's newsletter with immense pride! As we embark on this new journey of connecting with you through our regular updates, I want to take a moment to share some thoughts on what lies ahead.

Our hospital has always been more than just a place of healing; it is a community hub where compassion, innovation, and excellence converge to provide the highest standard of treatment and care, keeping pace with the ever-evolving healthcare eco-space. This newsletter is designed to keep you informed about the latest developments, share inspiring stories from our dedicated staff, and highlight the advancements and initiatives that shape the hospital.

Looking forward, we will continue to focus on delivering quality care while embracing new technologies and methodologies to enhance patient outcomes. I appeal to our doctors to bring forth for the world to know the exceptional clinical work that happens at Woodlands through this vehicle. Your feedback and suggestions are invaluable to us, so please feel free to reach out with your thoughts or ideas for future editions to pave the path for our further growth.

MILESTONE

Dr Saroj Mandal, senior consultant, interventional cardiology, Woodlands, and his skilled team at Woodlands Hospital demonstrated exceptional expertise by successfully performing a series of complex cardiac procedures on seven patients over a four-hour period.

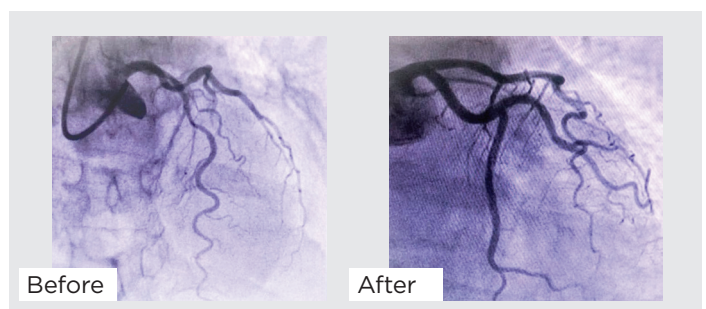
Two of the patients presented with single-vessel disease, while the remaining five had double or triple-vessel disease. Dr Mandal and his team expertly navigated the challenging cases, utilising balloon angioplasty and stent deployment to restore TIMI III flow in all the addressed vessels.

The procedures were carried out seamlessly. All seven patients were discharged from the hospital, a testament to the exceptional care and proficiency of the Woodlands Hospital Cardiac Team.

Among the seven cases was that of a 63 year-old female patient suffering from double vessel coronary artery disease with degenerative valve disease. The proximal

LCx was critically diseased, followed by subtotally occluded, tortuous course of distal LCx. Negotiating and accessing the distal LCx for complete revascularisation with a .014 guidewire was challenging and warranted highly skilled technique. The procedure was successful, and brought relief to the patient from persistent ischaemia, and salvation from potential myocardial loss.

Such consecutive, complex cardiac interventions are considered rare globally, further highlighting the remarkable skill and dedication of Dr Mandal and his colleagues. Their ability to deliver such high-quality care in a condensed timeframe is truly impressive and speaks of the world-class capabilities of the Woodlands Hospital Cardiac Department.



Doctors ace the Woodlands Doctor's Day party

Doctors of Woodlands had a whale of a time at a star address in the city at the hospital's Doctor's Day celebration. They sang Hindi classics, clicked selfies, got clicked by professional photographers, and were audience to a sharp-witted comedy act. The Bollywood retro themed evening reached its crescendo during a fashion show.



Dr Santanu Banerjee, the Director of ENT, receives the inaugural Woodlands Award for Lifetime Contribution.



Ms Preeti Goenka cut the ceremonial cake on the podium flanked by Mr Rupak Barua (in green kurta) and Woodlands doctors.

Kolkata's 1st 768 slice CT Coronary Angio at Woodlands

Woodlands Hospital boasts of the dual-source dual-energy, 768 Slice Somatom Drive CT Scanner that brings world class technology together with patient comfort and safety!

The most advanced CT machine in eastern India can produce AI-based precision imaging using apps like iMAR and Flash Spiral. It supports walk-in walk-out coronary angio scanning, requires low contrast media and its low radiation makes it the safest option even for children.



- 78 years of service
- 50,000+ happy mothers
- 6 million+ patients
- 3 lakh+ surgeries

Reinvent
THOUGHT | SPEED | ACTION

For suggestions and queries, please write to: corporate.communication@woodlandshospital.in